

ADULT IMMUNIZATIONS

Every year thousands of adults are infected with vaccine-preventable diseases. According to the National Coalition for Adult Immunization (NCAI), as many as 50,000 to 70,000 persons die needlessly from vaccine-preventable diseases or their complications. To reduce the risk of illness, the San Antonio Metropolitan Health District (SAMHD) recommends the following immunizations for adults:

- **Tetanus / Diphtheria (Td)**
- **Influenza (Flu)**
- **Pneumococcal (Pneumonia)**
- **Meningococcal (Meningitis)**
- **Varicella (Chickenpox)**
- **Measles / Mumps / Rubella (MMR)**
- **Hepatitis A and B**

(See the Adult Immunization Schedule for timing of immunizations)

For more information on Adult Immunizations, please call (210) 207-8877 or (210) 207-2084.



FOREIGN TRAVEL



The SAMHD Foreign Travel Clinic offers immunizations to persons traveling abroad. For an appointment, please call (210) 207-8872 or (210) 207-8735. If you need additional information, call the Centers for Disease Control and Prevention (CDC) International Travelers Hotline at 1-877-FYI-TRIP (1-877-394-8747) or call the Fax Information Service at 1-888-232-3299.

WEBSITES OF INTEREST:

San Antonio Metro. Health
www.sanantonio.gov/health/immweb
Texas Department of Health
<http://www.tdh.state.tx.us/immunize/default.htm>
National Coalition for Adult Immunizations
<http://www.nfid.org/NCAI/>
Centers for Disease Control & Prevention

